



BETTENDORF PRESBYTERIAN CHURCH

LOVE ALL – SERVE ALL

1200 Middle Road Bettendorf, Iowa 52722 563-355-6494 Volume 23 No. 5 www.bettpres.org

October 2023 Newsletter

Consecration Sunday is October 29, 2023

The life and witness of Bettendorf Presbyterian Church is healthy and strong. I invite you to join in giving thanks to God for that reality and in choosing not to take it for granted. God has blessed all of us who consider BPC home. That blessing from God has a past in the ministry that has been entrusted to us. It has a future as we commit to and continue to live out God's mission among us and before us.

You will hear more from other mission partners in the coming weeks. Your support makes a difference in our church, our community, and our world.

Please reserve **October 29, 2023, for Consecration Sunday** and watch your mail for more information. We will have a slightly different schedule on that Sunday. There will only be one service at 10:00 AM with no Sunday School classes planned. At that service we will consecrate our time and talents and our tithes and offerings to the Lord for the coming year. Immediately after the service, we will enjoy a celebration luncheon. All meat, drinks, and table service will be provided. Please bring a dish to share.

As I mentioned before, we have many blessings here at BPC. Over the next month, let's all pray about how we can reinvest those blessings in God's ministry. Not only are our lives changed but many others inside and outside our church family are changed by your support. Your generosity makes all that possible!

Please plan on attending October 29th. Don't miss this fellowship and worship opportunity.
Montie Gauss – Stewardship and Finance Chair



"You will be enriched in every way for your great generosity" II Corinthians 9:11

October Worship Schedule

- Oct. 1** **Holy Communion**
What a Ride!
Philippians 2: 1-13
- Oct. 8** **Guest Preacher**
- Oct. 15** **Fighting Fair**
Philippians 4: 1-9
- Oct. 22** **Give to God what's God's**
Matthew 22: 15-22

Presbyterian Women's **VENDOR AND CRAFT FAIR**



Free admission. Concessions available onsite.
This event support our PW Mission Work.

Saturday, November 4, 2023
9:00am - 2:00pm

For information, contact Sue Rector at srector3614@gmail.com



Gilded Pages

**October 23rd
at 7:00pm**

5 Presidents
by Clint Hill

Hostess: Dot Crosby
Birthday Month: Dot C. (1st)

Presbyterian Women's Circles

Groups meet monthly for Bible Study, mission and fellowship. Circles are open to any woman.
Contact Kathy Crooks (563-359-3724) if you are interested in learning more.

Charis Circle - Meeting the second Thursday of the
month at 2:00pm
October 12, 2023

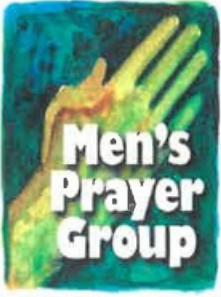
Circle of Joy - Meeting the fourth Tuesday of the month
at 10:00am.
October 24, 2023

Deborah Circle - Meeting the Second Sunday of the
month at 12:00pm.
October 8, 2023
Lesson 2: Amy

Friendship Circle - Meeting the third Thursday of the
month at 1:00pm.
October 19, 2023

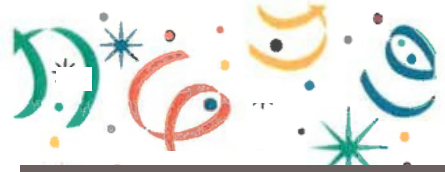
Mary/Martha - Meeting the fourth Tuesday of the month
at 7:00pm
October 24, 2023





Who: All Men
Where: Bettendorf Presbyterian Church
When: October 14, 2023 *(Second Tuesday of the month)*
Time: 8:00 AM
Bring: Joys and Concerns to Pray About

Questions: Call Jim Benson at 359-0756
The Coffee Pot Will Be On!
(Sometimes there are even donuts)



Charity Walk Opportunities

Sunday, October 1st is the Quad Cities CROP Walk

Website: www.crophungerwalk.org/quadcities (team BPC)
Where: Caxton Building/Bethany for Children & Families
701 River Drive, Moline IL
Time: Check In 1:00-2:00pm
(walkers can start right after check in)
Why: To fund Hunger Fighting agencies locally and abroad through Church World Services.

Saturday, October 7th is the Walk to End Alzheimer's

Website: www.alz.org/walk and enter zip code to find (team Grandma's Sake)
Where: Vibrant Arena (The Mark)
1201 River Drive, Moline IL
Time: Register and Network with vendors 8:00am
Opening Ceremony 9:00am
Walk begins at 9:30am
Why: To further care, support and research efforts of the Alzheimer's Association.



The Giving Tree: Hope at the BRICK House

Items Needed:

Styrofoam compartment plates, napkins, 8oz drinking cups, snacks, toilet paper, gallon(s) of juice or juice boxes

**Please have all items back to the church by
October 8th.**

*Take a tag from the Giving Tree in the Narthex
Return your item and place it under the tree*

The Giving Tree: BPC KIDS

Items Needed:

Stickers, fruit snacks & crackers

**Please have all items back to the church by
October 15th.**

*Take a tag from the Giving Tree in the Narthex
Return your item and place it under the tree*





October: Breast Cancer Awareness Month

Breast cancer awareness month dates back to October 1985. This is when the first organized movement to bring attention to the dangers of breast cancer occurred in the United States. Since then, campaigns to educate the public about this disease have continued to thrive and multiply.

Breast cancer is the most common cancer among American women, except for skin cancers. The chance of developing invasive breast cancer at some time in a woman's life is slightly more than 1 in 8. The American Cancer Society's most recent estimates for breast cancer in the USA are: about 287,850 new cases of invasive breast cancer will be diagnosed in women this year; about 51,400 new cases of non-invasive breast cancer (carcinoma in situ) will be diagnosed; and about 43,250 women will die from breast cancer.

Female breast cancer incidence has increased by 0.5% per year. (A study published in 2002 linked the use of hormone therapy to an increased risk of breast cancer and heart diseases.) Breast cancer is the second leading cause of cancer death in women, exceeded only by lung cancer. The chance that breast cancer will be responsible for a woman's death is about 1 in 39.

Breast cancer is a malignant (cancerous) tumor that starts from cells of the breast. These cancer cells may grow into surrounding tissues or spread to distant areas of the body. The disease occurs almost entirely in women, but men can get it too.

It is still unknown what causes breast cancer, but certain risk factors are linked to the disease. Having a risk factor, or even several, doesn't mean that a woman will get breast cancer, and many women who get the disease aren't aware of any risk factors.

You can't change: Age: risk increases as a woman ages. Gender: men also get it, but it's 100 times more common in women. Genetic factors: 5-10% of breast cancers appear to be linked to inherited changes in certain genes. Women with BRCA1 and BRCA2 genes have an 80% chance of getting breast cancer. Family history: it is higher among women who have a close blood relative with this disease. Personal history: a woman with a cancer in one breast has a greater chance of getting a new cancer in the other breast. Race: white women are slightly more likely to get breast than other ethnic women. Dense breast tissue: women with more gland tissue and less fat may be at increased risk of breast cancer and it also makes it harder to spot problems on mammograms. Menstrual periods: women who began having periods early, before age 12, or went through menopause after the age of 55 have a slightly higher risk of breast cancer.

You can change...Not having children or having them later in life (after age 30) increases breast cancer risk. Not breastfeeding: women who choose to breastfeed for at least several months may also reduce their breast cancer risk. Use of birth control pills: risk returns to normal after more or less 10 years once BC pills are stopped. Hormone therapy after menopause: recent studies cite that taking hormone replacement therapy (HRT) to treat menopausal symptoms for more than five years may increase your odds for developing breast cancer. Talk to your doctor about the risks and benefits of HRT for you. Alcohol: consumption of more than one drink per day. Overweight/obesity: particularly if the weight gain took place during adulthood. Lack of exercise: one study found that a 1 ¼ to 2 ½ hours of brisk walking per week reduced the risk by 18%.

Which Test is Best for You? Perhaps our genes will tell us which screening method is best for each of us in the future... the PINK study, being conducted by Scripps Health in San Diego, will tailor breast cancer screenings based on DNA variants. Until then, monthly breast self-examination is first, then mammogram, magnetic resonance imaging (for dense breast tissue), ultrasound (often used after abnormal mammograms), ductal lavage (breast Pap test), 3-D mammogram/digital tomosynthesis (new technology, very accurate, but not yet widely available), and positive emission mammography (PEM) (involves injection of small amount of radioactive material which cancer cells absorb).

Breast cancer testing is available free or at very little cost through a special program called The National Breast and Cervical Early Detection Program (NBCCEDP). This information is available through your state's Department of Health or contact the CDC at 1-800-232-4636.

Start getting your mammograms at 40, but if you have certain risk factors, your doctor may want to begin earlier.

Stay healthy in body, mind and spirit!
Judy Hiles, Your Parish Nurse

ILLOWA FOLK DANCE

Dancing (yes, at church!) and Live Music!

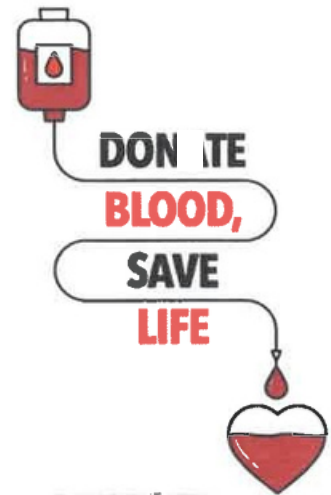
From **6:30-10:00pm on Friday, September 29th**, BPC will host Illowa Community Folk Dance for a Contra Dance in Fellowship Hall. Everyone is welcome – all ages!

If you're wondering what a 'Contra Dance' is, it's basically the traditional folk dancing that our forbears brought from Europe – often evolving into square dancing in some parts of North America. Illowa Community Folk Dance will bring live 'old timey' music – and all dances are very simple – and fun! - and taught as you dance. If you've ever been to a ceilidh (a Scottish dance/music get together), this will remind you of one. Come and dance (you don't need to bring a partner!) or just come and listen to the great music and share in some fun Celtic treats – bring your friends!

FALL BLOOD DRIVE

**October 12th 2023
2:30 p.m. to 6:15 p.m.**

***Bettendorf Presbyterian Church
Fellowship Hall***



Bring your Family, Friends, Co-workers and Neighbors!

You are eligible to donate if:

- You are in good health.
- You are at least 17 years old (16 with signed parental consent form).
- You weigh at least 110 pounds
- And you have not donated blood in the last 56 days.

***To Schedule an appointment, contact Lynn Stotlar
lks020702@gmail.com or (563) 650-1624***

Chip & Betty Drake have moved!!

**3108 Falcon View Court SW
Cedar Rapids, IA 52404**

Please update your records

ONERS

Sunday, October 15th - 11 a.m.

**Duck Creek Pancake
4405 State St. #6315
Riverdale, IA 52722**

YOU'RE INVITED!
Annual Banquet
Hope at the BRICK House

***Tuesday, October 24th, 2023**

***Rogalski Center, St Ambrose University, Davenport**

***Program: 30 Years and Building**

***Reserve your table/seat today by calling 563-322-0382 or email
jklopp.hbh@gmail.com. Please RSVP by Oct. 10th**

Evening includes:

- Doors open: 5:15 pm
- Silent Auction 5:30 pm
- Dinner Buffet (8 people per table) 6:15 pm
- Program includes testimonies, music by students
& ministry update
- Opportunity to make a financial contribution



30 Years and Building



Consecration Sunday is October 29, 2023

Please complete your Time & Talents sheet **HERE:**
<https://www.bettpres.org/timeandtalents/>





Christian Education Mission Statement

“Assist and nurture families and children on their faith journey to becoming disciples of Jesus Christ by offering Bible based programs of study, service and mission.”

DONATIONS NEEDED

We are looking for donations of stickers, fruit snacks and cracker-type snacks (goldfish, cheese or PB crackers) for Sunday School and children's bags. Please see the Giving Tree on October 8th & 15th to donate.

JOURNEY (K-12th Grade)

- October 4th: Animal Night
- October 11th: Fancy Feast
- October 18th: Neon Night
- October 25th: Halloween Costumes

SUNDAY SCHOOL (Pre-K-5th Grade)

This month we continue with our Blast Off series covering basic spiritual disciplines like prayer and friendship. Mid-October we begin our second series called Are We There Yet? We will be learning about Exodus and the Israelites wandering in the wilderness.

- October 1st
- October 8th
- October 15th
- October 22nd
- October 29th - NO SUNDAY SCHOOL

YOUTH GROUP (6th-12th Grade)

This month the youth group continues their series Going Places looking at Jesus and the disciples as examples of Christ-centered friendships.

- September 29th - October 1st: Camp Youth Retreat
 - October 8th - Service Project: Trash Pickup
 - October 15th - Halloween Party
 - October 22nd - Youth Hangout
 - October 29th - Reverse Trick-Or-Treat

HERITAGE DINNER (BIG KIDS)

Mark your calendars for the Heritage dinner coming up on November 11th! This dinner is hosted by the youth group for members of our congregation 55 and older. You should be receiving an invitation mid-October. We are looking for donations of turkey and pies - look for a sign-up soon!

Questions about kids programming?

Contact Dawn: bettpreskids@gmail.com

Questions about youth programming?

Contact Jake: bettpresyouth@gmail.com

Peacemaking Offering



For generations, and to the ends of the earth, Presbyterians have borne witness to Jesus Christ, the Prince of Peace. This month we are emphasizing peace, and our role in promoting it.

The first Sunday in October is World Communion Sunday, when all Christian denominations celebrate our unity. It is also the day we receive the Peacemaking Offering. This Offering supports some of the fundamental values of our faith. This offering promotes efforts at peacemaking and reconciliation within our own community. And we do need peacemaking in our community. All too often, people resort to violence against their neighbors, and even their families, in our communities through guns, bullying, discrimination, domestic violence and human trafficking.

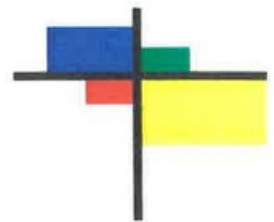
Our offering will remain in our community for our peacemaking efforts. We will use it to support domestic violence shelters and programs that provide refuge and help families rebuild their lives after domestic problems. Many of you are familiar with these shelters: Family Resources Safe Path Program and Winnie's Transitional Housing. These places provide safe shelter facilities and comprehensive support services including education, counseling, advocacy and a new start for families suffering abuse and violence.

In the weeks leading up to World Communion Sunday, we have been discussing the Peacemaking offering and the shelters providing support to victims of domestic violence and how their efforts change lives.

We will be receiving the Peacemaking Offering throughout October. You may make this offering by writing "Peacemaking" on the memorandum line of your check or using a Peacemaking Offering envelope available in the pew pockets.

Please prayerfully consider your support of the Peacemaking Offering.

Notes and News from Session September 2023 Meeting



- ♦ We welcome new members Murlaine Maas, and Stephen and Carol Clough!
- ♦ An audit for the year has been completed and comments shared with the appropriate personnel.
- ♦ Crop Walk will be October 1, 2023 and Alzheimer's Walk is October 7, 2023
- ♦ Consecration Sunday is October 29, 2023. There will be one service at 10:00am with a potluck luncheon to follow. The church will provide the meat, beverages, and table service. Please bring a dish to share, if you are attending.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Worship 10:00 Fellowship Time 10:00 Small Group D 10:00 Sunday School 10:45 Worship 1:00 Crop Walk 3:00 Friendship Force 4:00 Youth Group	2 6:00 Small Group A	3 9:00 Exercise 6:00 Small Group B 6:30 BSA Troop 89	4 5:30 Journey 7:00 Choir Practice	5 9:00 Exercise 6:30 Praise Band	6	7 8:00 Alzheimer's Walk 8 - 11 Lower Level Classroom in use 9:00 PW Board Meeting
8 GIVING TREE DUE 9:00 Worship 10:00 Fellowship Time 10:00 Small Group D 10:00 Sunday School 10:45 Worship 12:00 Deborah Circle 4:00 Youth Group	9 6:00 Small Group A	10 9:00 Exercise 10:00 Happy Stampers 6:00 Small Group B 6:30 BSA Troop 89	11 5:30 Journey 6:00 Session Meeting 7:00 Choir Practice	12 9:00 Exercise 2:00 Charis Circle 2:30 Blood Drive 6:30 Praise Band	13	14 8 - 11 Lower Level Classroom in use 8:00 Men's Prayer Group 9:00 PW Operation Christmas
15 9:00 Worship 10:00 Fellowship Time 10:00 Small Group D 10:00 Sunday School 10:45 Worship 11:00 Oner's 4:00 Youth Group	16 4:30 Mission Concerns 6:00 Small Group A	17 9:00 Exercise 10:00 Outreach Committee 6:00 Small Group B 6:30 BSA Troop 89	18 2:00 Heart to Hand 5:30 Journey 7:00 Choir Practice	19 9:00 Exercise 1:00 Friendship Circle 6:30 Praise Band 7:00 Board of Deacons	20	21 8 - 11 Lower Level Classroom in use 2:00 Bridal Shower
22 9:00 Worship 10:00 Fellowship Time 10:00 Small Group D 10:00 Sunday School 10:45 Worship 4:00 Youth Group	23 6:00 Small Group A 7:00 Gilded Pages	24 9:00 Exercise 10:00 Circle of Joy 6:00 Small Group B 6:30 BSA Troop 89 7:00 Mary Martha Circle	25 5:30 Journey 7:00 Choir Practice	26 9:00 Exercise 4:30 Friendship Force 6:30 Praise Band	27 NEWSLETTER DEADLINE 6:30 ILLOWA Folk Dance	28 8 - 11 Lower Level Classroom in use
29 CONSECRATION SUNDAY 10:00 Worship 11:00 Potluck 4:00 Youth Group	30 6:00 Small Group A	31 9:00 Exercise 6:00 Small Group B 6:30 BSA Troop 89				



BETTENDORF PRESBYTERIAN CHURCH
1200 MIDDLE ROAD
BETTENDORF, IA 52722-3604
563-355-6494

Pastor, Rev. Troy Winder
Music Minister, Chris Werner
Organist, Deb Swift
Director of Christian Education, Dawn O'Connor
Director of Youth Ministries, Jake O'Connor
Secretary, Kacie Davis
Parish Nurse, Judy Hiles

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bettpresyouth@gmail.com
bettpresoffice@gmail.com
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RETURN SERVICE REQUESTED

WANTED: Parish Nurse or Health Ministry Replacement

I put a request for someone to consider becoming a Parish Nurse or Health Minister in our church in the 2022 Annual Report but so far have not had anyone respond. I have been your Parish Nurse for 11 years now and my Nursing License will expire in July of 2024. I find that I would like to allow my license to expire and retire from this position in the church but really don't want to leave this position empty.

I am asking members of the congregation who have a calling toward helping within the congregation and an interest in health care to prayerfully consider becoming a member of this ministry. This position no longer requires a medical degree, but I would recommend taking the course of Health Ministry offered by Unity Point Trinity. It is offered in September with a cost of \$300. Pastor has expressed an ability of the church to cover \$150 and scholarships are available thru Trinity for the other \$150.

If you are interested, please contact me and we can have a year of working together before I leave this volunteer position. Please prayerfully consider filling this position. Any questions, please contact me.

Thank You, Judy Hiles, Parish Nurse